

# LIFEGROUPS

## MISSIONS — Do You Follow Jesus?

*Read Luke 9:23 - Let's break down this verse bit by bit.*

*And he said to all, 'If anyone would come after me, let him deny himself and take up his cross daily and follow me.'"*

1. Who was Jesus speaking to? Is this invitation for certain people?
2. What does it mean to come after Jesus? Why does Jesus ask this? Why would you want to follow him? Why wouldn't you?
3. What does it mean to deny yourself? In another translation it says, "turn from your selfish ways." Why is this important to Jesus? Why is this such an important thing in order to follow Jesus?
4. What does it mean to take up your cross? Why does Jesus ask them to do it "daily?" *Read Romans 6:5-11* How do these verses help us understand what it means to take up your cross?
5. Finally, Jesus says to follow me. How does someone follow Jesus?
6. Is this a practical verse or just a theoretical one?
7. What are the selfish things in your own life that you find difficult to turn away from?
8. What are some ways to help each other daily follow Jesus?

### LEADER'S NOTES

These are questions that reflect the Missions month in our church, and think about our roles as ambassadors of Christ and the way we be a blessing to the world around us.