

LIFEGROUP

STUDY ON CONFESSION

1. What's the hardest part of confessing?
2. Do you ever think it's better not to confess, because you're afraid of making it worse?
3. Do you think it's important to confess to God? Even though he already knows everything?

Read Psalm 32

1. What's some of the emotions/feelings this Psalm talks about? What are the things that lead to those different emotions/feelings?
2. What are some of your thoughts about verses 3-5?
3. What's the Psalmist's motivation for confession? Do you think his reasoning is a good one?

FURTHER THOUGHTS

1. If you've hurt someone else, how important is it to confess to them? Or do you only need to confess to God?
2. Do you ever ask God if there's anything you need to confess? Do you open yourself up to the Holy Spirit's conviction in your life?

This Bible Study is flexible and can be used as you like. Don't feel pressured to go through every question, but let the discussion be led by the group, and seek to learn about God, and one another through the process.