

# LIFEGROUP

## STUDY ON HEALING / FREEDOM

1. Word association: When I say "Healing" what words come to mind?
2. Is healing just physical? Have you ever experienced healing in your life?

*Read Mark 2:1-12*

1. Why do you think these four men carried the paralytic to see Jesus? Would you do that for your friend? Have you ever had to look after a friend with a long term disability?
2. These men broke a hole in the roof to lower their friend down - they were very persistent! Why? Do you think you have the same perspective as those four men? Why or why not?
3. Why does Jesus say to the paralytic - "Your sins are forgiven."
4. Is forgiveness the biggest thing we need in life? What does it mean to you that you're forgiven by God?
5. Do you think unforgiveness in your life can cause physical harm to your own body?

### PRAYING & SHARING

1. In your heart or mind, are there areas of paralysis? (anxiety, bitterness, hurt, fear, doubt, etc.)
2. Do you believe that God can ask you to "Rise, take up your bed & walk?" What would that mean?
3. Do you need some people to be "stretcher bearers" for you? Is there someone you can be a "stretcher bearer" for?

*This Bible Study is flexible and can be used as you like. Don't feel pressured to go through every question, but let the discussion be led by the group, and seek to learn about God, and one another through the process.*